

Lapidus Scotland and the Scottish Mental Health Arts and Film Festival present...

RE: Mind

A weekend of free events exploring themes of memory, identity and dreams. RE: Mind is a melting pot of creative organisations and artists *pushing boundaries and exploring ideas through film, theatre and words.* www.mhfestival.com
14th – 15th October 2011 at the CCA, Glasgow

SHIFTING LANDSCAPES: WRITING FROM MEMORY

14th October 2011, 1:00-2.30 pm // CCA CLUBROOM // Creative Writing Workshop



A workshop on navigating memory and writing, co-facilitated by Elizabeth Reeder and Zoë Strachan from Glasgow University's Creative Writing Programme. Exploring memory as a stimulus and memories as fluid fragments that are re-written each time we remember. A friendly, practical session suitable for beginners as well as more experienced writers. FREE event; booking required. Reserve places via CCA Box Office. Capacity: 30 participants.

HIDDEN INSIDE US THERE LIVES AN OLD WOMAN

14th October 2011, 3:00-4:30 pm // CCA CLUBROOM // Workshop



Storytelling and Creative Writing Workshop with The Juettes. Storyteller, Lesley O'Brien, with guitar and song, alongside fiddler Mhairi Ross, tap into our memories of the old crone: Hekate, Callieach, Baba Yaga, witches, neighbours and grannies. Inspired by the tale of 'La Loba, the Wolf Woman' by Clarissa Pinkola Estes from her book 'Woman Who Run With The Wolves.' Lesley O'Brien is a Storyteller, Singer, Family Resource Worker with Glasgow Women's Aid and chair of Lapidus Scotland. Mhairi-Jean Ross graduated from the RSAMD, plays in several bands and works with Glasgow Association for Mental Health. FREE event; booking required. Reserve places via CCA Box Office. Capacity: 12 participants.

RED DUST ROAD: JACKIE KAY IN CONVERSATION WITH MARGOT HENDERSON

14th October 2011, 6:00-7:30 pm // CCA5 // Author Event/Literary Panel



Come and meet award winning writer Jackie Kay in dialogue with her old friend and storyteller Margot Henderson as they talk about memory and mental health in their writing, with a Q&A session at the end. Can creative writing can be seen as a therapeutic element in mental health issues?. Jackie Kay will be reading from her memoir, 'Red Dust Road' and her forthcoming 'Reality, Reality.' FREE event; booking required. Reserve places via CCA Box Office.

TURNING POINT: ANY QUESTIONS?

15th October 2011, 5:30-7:00 pm // CCA // Panel



An exciting panel on the theme of Memory, Medicine and Creative Words that Work for Mental Health & Wellbeing chaired by Sir Kenneth Calman (Chancellor of the University of Glasgow) exchanging experiences and opinions on mental health and creativity. Panel members are Stewart Mercer (Professor of Primary Care Research at Glasgow University), Jane McNaughton (CoDirector of the Centre of Arts & Humanities in Medicine), Sheena Blackhall (Makar of the Northeast Scotland), Laura Marney (Scottish writer and Creative Writing tutor) and Michael Smith (Clinical Director for Mental Health services in South Clyde & Senior Research Fellow at the University of Glasgow). Please email your questions in advance to: lapidus.scotland@yahoo.co.uk FREE event; booking required. Reserve places via CCA Box Office.

Shifting Voices: READING & OPEN MIC

15th October 2011, 7:30-9:00 pm

Margot Henderson will be the master of ceremonies of this event bringing together in one platform participants from the 'Shifting Memories' Creative Writing Workshop, the 'Turning Point' Any Questions Panel and creative writing tutors and students, with an open mic space. . Contact us if you would like to share your writing in the open mic as spaces may be limited. Email:

lapidus.scotland@yahoo.co.uk FREE event; booking required. Reserve places via CCA Box Office.

FOR FURTHER INFORMATION ON ANY OF THESE EVENTS PLEASE WRITE TO lapidus.scotland@yahoo.co.uk

